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NUTRITION

Table NU.1: Nutrition status of children

Percentage of children under age 5 by nutritional status according to three anthropometric indices: weight for age, height for age, and weight for height, MICS Punjab, 2011.

	Weight for age			Number of children	Height for age			Number of children	Weight for height					Number of children
	Underweight		Mean Z- Score (SD)		Stunting		Mean Z- Score (SD)		Wasting		Mean Z- Score (SD)	Overweight		
	Percent below				Percent below				Percent below			Percent below		
	-2 SD [1]	-3 SD [2]			-2 SD [3]	-3 SD [4]			-2 SD [5]	-3 SD [6]		+2 SD		
Punjab	32.6	11.2	-1.5	62,684	36.0	15.2	-1.5	61,915	15.7	4.4	-0.9	1.2	63,250	
Area of residence														
Rural	35.0	12.4	-1.6	45,142	38.8	17.0	-1.6	44,543	16.0	4.6	-0.9	1.2	45,777	
All Urban	26.4	8.0	-1.3	17,542	28.9	10.8	-1.2	17,372	14.8	4.0	-0.9	1.2	17,473	
Major Cities	24.8	7.3	-1.3	8,841	27.4	9.9	-1.2	8,738	14.3	3.7	-0.8	1.4	8,774	
Other Urban	28.0	8.7	-1.4	8,701	30.3	11.8	-1.3	8,633	15.4	4.3	-0.9	1.0	8,700	
Sex														
Male	33.1	11.3	-1.5	32,058	36.9	15.7	-1.5	31,639	17.1	5.1	-0.9	1.3	32,298	
Female	32.0	11.0	-1.5	30,626	35.1	14.8	-1.5	30,276	14.3	3.7	-0.9	1.1	30,952	
Age														
< 6 months	31.1	13.5	-1.4	6,113	20.0	8.2	-0.7	5,951	27.1	10.8	-1.2	2.3	5,833	
6-11 months	30.3	11.7	-1.4	6,963	24.5	10.0	-1.0	6,902	21.9	6.9	-1.0	1.8	6,939	
12-23 months	34.7	12.7	-1.6	12,133	38.6	16.8	-1.6	11,909	18.6	5.6	-1.0	1.5	12,168	
24-35 months	35.2	12.8	-1.6	12,238	42.6	19.3	-1.8	12,061	14.5	3.6	-0.9	0.9	12,365	
36-47 months	32.9	10.5	-1.6	13,014	41.0	18.0	-1.7	12,927	11.1	2.4	-0.8	0.9	13,378	
48-59 months	29.6	7.4	-1.5	12,223	35.9	13.2	-1.5	12,166	10.4	2.0	-0.8	0.8	12,567	
Mother's education														
None/Preschool	39.8	15.2	-1.8	32,306	44.0	20.4	-1.8	31,832	17.7	5.4	-1.0	1.1	33,000	
Primary	31.7	9.6	-1.5	11,424	34.9	13.6	-1.5	11,298	15.0	3.8	-0.9	1.2	11,416	
Middle	26.3	6.9	-1.4	5,814	29.1	10.0	-1.2	5,767	13.9	3.5	-0.9	1.0	5,795	
Secondary	21.3	5.3	-1.2	7,241	23.4	7.7	-1.1	7,167	12.9	3.2	-0.8	1.1	7,198	
Higher	14.6	3.8	-0.8	5,893	16.3	4.9	-0.7	5,845	11.1	2.8	-0.6	2.0	5,835	
Missing/DK	(*)	(*)	(*)	7	(*)	(*)	(*)	7	(*)	(*)	(*)	(*)	7	
Wealth index quintiles														
Lowest	44.9	18.4	-1.9	14,294	49.3	24.9	-2.0	14,061	19.0	5.6	-1.0	1.1	14,653	
Second	38.2	13.8	-1.7	12,468	42.5	18.4	-1.7	12,318	17.3	5.4	-1.0	1.0	12,650	
Middle	31.4	10.0	-1.5	12,341	34.7	13.2	-1.5	12,206	15.2	4.0	-0.9	1.1	12,415	
Fourth	26.5	7.4	-1.3	12,246	29.3	10.9	-1.3	12,093	14.0	3.6	-0.8	1.2	12,222	
Highest	18.7	4.8	-1.0	11,335	20.8	6.5	-0.9	11,236	12.1	3.1	-0.7	1.6	11,311	
Division														
Bahawalpur	38.4	14.9	-1.8	6,699	42.4	19.2	-1.7	6,656	17.0	5.0	-1.1	0.7	6,738	
D.G.Khan	42.5	16.8	-1.8	7,187	48.7	24.4	-1.9	7,071	16.1	4.2	-1.0	1.0	7,590	
Faisalabad	32.4	10.2	-1.5	9,062	35.8	14.0	-1.5	8,981	14.3	3.4	-0.9	0.8	9,018	
Gujranwala	23.4	7.1	-1.3	10,039	30.1	11.3	-1.3	9,925	11.5	3.3	-0.7	1.7	10,014	
Lahore	29.2	9.2	-1.4	8,869	31.4	12.9	-1.3	8,761	15.4	4.7	-0.9	1.5	9,131	
Multan	38.0	14.4	-1.7	7,073	39.5	17.7	-1.6	6,989	20.9	6.5	-1.1	1.1	7,034	
Rawalpindi	23.3	5.8	-1.2	4,520	25.8	8.2	-1.1	4,450	12.3	2.8	-0.7	1.5	4,540	
Sahiwal	36.9	13.1	-1.6	4,811	36.2	16.7	-1.5	4,714	20.5	6.6	-1.1	2.0	4,805	
Sargodha	31.6	10.2	-1.5	4,422	33.0	12.1	-1.4	4,367	16.0	4.2	-0.9	0.9	4,380	
Punjab	32.6	11.2	-1.5	62,684	36.0	15.2	-1.5	61,915	15.7	4.4	-0.9	1.2	63,250	

Table NU.1: Nutritional status of children

Percentage of children under age 5 by nutritional status according to three anthropometric indices: weight for age, height for age, and weight for height, MICS Punjab, 2011.

	Weight for age				Height for age				Weight for height				
	Underweight			Number of children	Stunting			Number of children	Wasting			Overweight	
	Percent		Percent		Percent		Percent						
	below		below		below		below						
	-2 SD [1]	-3 SD [2]	Mean Z- Score (SD)		-2 SD [3]	-3 SD [4]	Mean Z- Score (SD)		-2 SD [5]	-3 SD [6]	Mean Z- Score (SD)	+2 SD	Number of children
Punjab	32.6	11.2	-1.5	62,684	36.0	15.2	-1.5	61,915	15.7	4.4	-0.9	1.2	63,250
District													
Bahawalpur	34.0	12.1	-1.6	2,092	40.1	18.4	-1.7	2,082	14.3	3.5	-0.9	0.5	2,087
B. Nagar	37.4	12.9	-1.7	1,815	40.0	15.0	-1.7	1,810	16.5	4.0	-1.1	0.2	1,851
RY Khan	42.3	18.3	-1.9	2,792	45.8	22.5	-1.8	2,764	19.4	6.7	-1.1	1.1	2,800
DG Khan	52.9	24.1	-2.1	1,500	57.9	33.2	-2.3	1,453	18.9	4.9	-1.1	1.2	1,528
Layyah	33.8	12.1	-1.6	1,483	38.0	15.4	-1.6	1,469	13.9	3.1	-0.9	0.6	1,479
M. Garh	44.2	17.0	-1.9	3,049	48.7	24.3	-1.9	3,002	16.7	4.7	-1.0	0.5	3,321
Rajanpur	35.8	13.0	-1.7	1,154	50.6	24.6	-2.0	1,146	14.0	3.4	-0.7	2.3	1,262
Faisalabad	29.8	8.6	-1.4	4,618	33.2	12.4	-1.4	4,561	14.2	3.1	-0.9	0.6	4,593
Chiniot	37.5	12.4	-1.7	918	41.1	15.7	-1.7	919	14.4	4.1	-0.9	0.9	917
Jhang	36.5	12.9	-1.7	2,111	42.3	18.9	-1.8	2,092	13.5	3.7	-0.9	1.2	2,098
TT Singh	31.2	10.1	-1.5	1,415	31.4	10.8	-1.4	1,410	15.9	3.1	-1.0	0.7	1,410
Gujranwala	23.6	7.1	-1.3	3,284	29.0	11.8	-1.2	3,262	12.8	3.7	-0.7	2.0	3,263
Gujrat	21.2	5.0	-1.2	1,685	28.9	6.9	-1.3	1,647	8.9	1.6	-0.6	0.6	1,663
Hafizabad	28.5	12.4	-1.4	650	32.7	14.7	-1.4	624	14.4	3.2	-0.7	4.2	677
M. Bahaudin	24.8	7.8	-1.4	1,184	33.5	13.4	-1.4	1,180	9.4	3.7	-0.8	1.2	1,185
Narowal	21.2	7.2	-1.3	1,079	27.2	11.0	-1.3	1,072	11.3	3.3	-0.8	0.5	1,070
Sialkot	23.5	6.5	-1.2	2,158	31.6	12.1	-1.3	2,142	11.7	3.6	-0.7	2.0	2,156
Lahore	26.0	8.1	-1.3	4,704	27.6	10.8	-1.2	4,645	14.0	3.9	-0.8	1.5	4,906
Kasur	34.7	11.4	-1.6	1,793	33.0	13.4	-1.4	1,776	21.3	7.5	-1.0	1.2	1,896
N. Sahib	32.5	11.6	-1.6	815	37.7	16.6	-1.5	802	14.1	4.2	-0.9	1.5	791
Sheikhupura	30.9	8.8	-1.4	1,557	37.7	16.8	-1.5	1,538	13.4	3.8	-0.8	1.7	1,538
Multan	37.9	14.7	-1.7	2,796	39.0	17.7	-1.6	2,777	19.7	5.5	-1.1	0.9	2,772
Khanewal	33.5	13.1	-1.7	1,759	40.4	16.7	-1.5	1,714	21.2	7.4	-1.0	1.2	1,717
Lodhran	41.7	14.4	-1.8	751	45.1	24.3	-1.8	739	18.7	5.4	-1.0	2.2	769
Vehari	41.2	15.1	-1.7	1,767	37.1	16.1	-1.5	1,760	23.4	7.7	-1.2	0.7	1,776
Sahiwal	31.2	9.9	-1.4	1,323	33.3	15.7	-1.2	1,294	18.5	6.2	-0.9	2.7	1,297
Pakpattan	38.3	15.9	-1.6	1,146	36.6	16.9	-1.5	1,139	19.4	6.5	-1.1	2.5	1,163
Okara	39.5	13.6	-1.8	2,343	37.7	17.1	-1.6	2,281	22.1	6.9	-1.2	1.3	2,346
Rawalpindi	22.2	5.5	-1.1	2,285	24.9	7.9	-1.1	2,239	12.6	2.9	-0.7	1.4	2,314
Attock	25.3	6.0	-1.2	829	27.7	10.0	-1.2	819	12.5	2.7	-0.7	2.0	826
Chakwal	25.6	7.2	-1.2	667	29.3	9.2	-1.2	656	11.1	2.7	-0.7	1.5	667
Jhelum	22.6	5.0	-1.2	739	23.4	6.1	-1.1	735	12.7	2.9	-0.8	1.0	732
Sargodha	28.4	8.0	-1.4	2,185	32.2	11.7	-1.4	2,174	11.6	3.1	-0.8	0.8	2,169
Bhakkar	37.9	14.4	-1.7	869	33.2	12.8	-1.4	860	25.9	8.5	-1.2	1.4	868
Khushab	30.8	8.6	-1.5	710	34.7	12.8	-1.4	699	13.2	1.9	-0.9	0.7	700
Mianwali	34.9	13.7	-1.6	658	33.3	12.3	-1.4	634	20.7	5.0	-1.1	0.7	642
Punjab	32.6	11.2	-1.5	62,684	36.0	15.2	-1.5	61,915	15.7	4.4	-0.9	1.2	63,250

[1] MICS indicator 2.1a; MDG indicator 1.8

[2] MICS indicator 2.1b; MDG indicator 1.8

[3] MICS indicator 2.2a

(*) Figures that are based on less than 25 unweighted cases

[4] MICS indicator 2.2b

[5] MICS indicator 2.3a

[6] MICS indicator 2.3b

Table NU.2: Initial breastfeeding

Percentage of last-born children in the 2 years preceding the survey who were ever breastfed, percentage who were breastfed within one hour of birth and within one day of birth, and percentage who received a prelacteal feed, MICS Punjab, 2011.

	Percentage ever breastfed [1]	Percentage who were first breastfed Within one hour of birth [2]	Percentage who were first breastfed Within one day of birth	Percentage who received a prelacteal feed	Number of women who gave birth in two years preceding survey
Punjab	94.7	15.1	50.0	71.7	26,486
Area of residence					
Rural	94.9	13.7	47.4	71.7	19,296
All Urban	94.0	19.0	57.0	71.8	7,190
Major Cities	94.6	20.1	60.5	72.7	3,636
Other Urban	93.4	17.9	53.5	70.9	3,554
Months since last birth					
0-11 months	94.6	14.9	48.4	71.3	14,303
12-23 months	94.9	15.5	52.0	72.4	11,937
Assistance at delivery					
Skilled attendant	94.1	14.4	48.9	72.6	15,500
Traditional birth attendant	96.6	15.5	51.4	72.4	10,128
Relative/Friend	97.5	32.1	67.6	50.0	409
Other/Missing	65.2	17.3	41.1	44.9	449
Place of delivery					
Public sector health facility	95.3	16.4	56.7	68.6	4,390
Private sector health facility	93.4	13.5	44.3	74.2	9,770
Home	96.6	16.2	52.8	71.7	12,137
Other/Missing	21.4	1.7	9.6	15.7	188
Women's education					
None/Preschool	94.9	14.7	47.2	70.7	13,086
Primary	95.7	13.9	51.0	75.0	4,874
Middle	93.6	15.2	53.6	71.8	2,571
Secondary	94.3	16.2	54.3	73.8	3,225
Higher	92.9	18.0	53.6	68.1	2,729
Wealth index quintiles					
Lowest	95.8	13.6	42.6	70.5	5,861
Second	94.8	13.1	49.2	71.9	5,310
Middle	95.0	13.6	49.5	74.1	5,190
Fourth	93.6	15.7	52.1	72.7	5,280
Highest	93.9	20.2	58.3	69.4	4,845
Division					
Bahawalpur	95.0	8.0	44.4	64.6	2,822
D.G.Khan	95.6	17.5	45.8	66.5	3,082
Faisalabad	93.9	7.5	35.7	82.9	3,631
Gujranwala	93.8	13.1	50.2	81.8	3,981
Lahore	94.7	23.8	59.3	61.0	3,899
Multan	95.5	17.5	52.7	74.8	3,026
Rawalpindi	94.6	23.5	73.2	62.9	2,081
Sahiwal	94.6	14.9	41.2	74.6	2,124
Sargodha	94.5	9.9	53.7	71.8	1,841
Punjab	94.7	15.1	50.0	71.7	26,486
[1] MICS indicator 2.4					
[2] MICS indicator 2.5					

Table NU.2: Initial breastfeeding

Percentage of last-born children in the 2 years preceding the survey who were ever breastfed, percentage who were breastfed within one hour of birth and within one day of birth, and percentage who received a prelacteal feed, MICS Punjab, 2011.

	Percentage ever breastfed [1]	Percentage who were first breastfed Within one hour of birth [2]	Percentage who were first breastfed Within one day of birth	Percentage who received a prelacteal feed	Number of women who gave birth in two years preceding survey
Punjab	94.7	15.1	50.0	71.7	26,486
District					
Bahawalpur	94.9	6.4	39.7	68.2	855
B. Nagar	93.6	2.4	22.9	84.1	811
RY Khan	96.0	13.1	63.0	48.3	1,156
DG Khan	98.1	44.7	78.5	36.8	608
Layyah	95.1	7.5	29.4	77.3	624
M. Garh	94.0	11.3	37.3	75.0	1,406
Rajanpur	97.8	14.3	51.2	65.1	444
Faisalabad	93.1	7.0	40.0	81.8	1,834
Chiniot	94.1	13.3	36.2	79.3	384
Jhang	94.9	3.2	30.7	83.8	857
TT Singh	95.0	11.9	28.9	87.5	556
Gujranwala	95.5	14.1	45.9	88.5	1,284
Gujrat	93.5	7.2	54.5	87.7	725
Hafizabad	88.5	1.8	21.5	84.5	295
M. Bahaudin	94.7	5.3	44.5	75.8	409
Narowal	95.4	42.9	77.2	64.9	409
Sialkot	92.1	10.0	52.8	76.9	859
Lahore	95.1	24.2	65.3	59.9	2,103
Kasur	96.3	24.6	52.7	56.1	800
N. Sahib	92.9	27.1	50.8	65.2	338
Sheikhupura	92.6	19.9	52.3	68.4	658
Multan	94.7	29.0	55.0	81.4	1,206
Khanewal	94.8	6.9	53.5	72.4	711
Lodhran	97.1	8.0	64.7	60.7	349
Vehari	96.5	13.6	42.9	73.2	760
Sahiwal	96.3	17.7	48.8	81.3	576
Pakpattan	95.6	8.9	30.8	85.6	503
Okara	93.3	16.3	42.0	65.7	1,046
Rawalpindi	95.0	29.6	74.1	54.7	1,046
Attock	94.8	23.0	75.4	64.2	395
Chakwal	93.9	8.3	72.8	80.2	297
Jhelum	93.8	18.6	68.1	71.3	343
Sargodha	94.2	11.4	47.4	73.2	919
Bhakkar	96.2	7.0	58.4	83.8	360
Khushab	93.4	5.8	57.5	67.4	283
Mianwali	94.6	13.0	64.5	56.3	279
Punjab	94.7	15.1	50.0	71.7	26,486

[1] MICS indicator 2.4

[2] MICS indicator 2.5

Table NU.3: Breastfeeding

Percentage of living children according to breastfeeding status at selected age groups, MICs Punjab, 2011.

	Children 0-3 months				Children 0-5 months			Children 12-15 months		Children 20-23 months	
	Percent ever breastfed	Percent exclusively breastfed	Percent predominantly breastfed	Number of children	Percent ever breastfed	Percent exclusively breastfed [1]	Percent predominantly breastfed [2]	Number of children	Percent breastfed (Continued breastfeeding at 1 year) [3]	Number of children	Percent breastfed (Continued breastfeeding at 2 years) [4]
Punjab	97.8	26.8	57.8	4,586	97.8	22.2	52.4	6,560	68.2	4,714	34.2
Area of residence											
Rural	97.9	27.0	59.5	3,334	98.0	22.3	54.0	4,831	69.6	3,432	36.4
All Urban	97.5	26.2	53.2	1,253	97.3	22.0	47.8	1,729	64.4	1,282	29.5
Major Cities	98.3	24.9	49.5	661	98.0	21.4	45.0	895	61.6	622	26.6
Other Urban	96.6	27.6	57.3	592	96.6	22.6	50.8	834	67.2	660	32.9
Sex											
Male	98.0	26.1	56.6	2,343	98.0	21.6	51.7	3,301	68.9	2,431	35.8
Female	97.6	27.4	59.1	2,244	97.7	22.9	53.0	3,259	67.5	2,282	32.5
Mother's education											
None/Preschool	98.0	26.1	61.6	2,281	98.2	22.0	56.0	3,313	72.2	2,405	39.4
Primary	97.5	31.7	60.3	825	97.5	25.6	54.3	1,165	68.0	865	35.0
Middle	97.4	25.4	52.2	469	97.2	21.3	47.1	671	62.4	384	36.3
Secondary	97.8	25.1	51.9	567	97.3	20.7	46.2	798	65.1	576	25.7
Higher	97.7	24.9	47.1	443	98.0	20.4	43.1	611	56.7	484	22.2
Missing/DK	(*)	(*)	(*)	2	(*)	(*)	(*)	2	(*)	0	(*)
Wealth index quintiles											
Lowest	98.2	24.3	60.7	1,005	98.6	20.2	54.9	1,513	75.4	990	41.5
Second	98.0	26.6	63.3	883	98.1	22.3	57.9	1,272	70.4	1,051	35.7
Middle	98.2	28.7	61.0	1,007	98.2	24.4	55.2	1,353	69.8	880	34.6
Fourth	97.3	29.9	56.3	860	97.3	24.4	50.1	1,238	62.1	931	34.2
Highest	97.0	24.4	46.1	832	96.7	20.1	42.4	1,185	62.1	860	26.5
Punjab	97.8	26.8	57.8	4,586	97.8	22.2	52.4	6,560	68.2	4,714	34.2
											3,795

Table NU.3: Breastfeeding

Percentage of living children according to breastfeeding status at selected age groups, MICS Punjab, 2011.

	Children 0-3 months				Children 0-5 months			Children 12-15 months		Children 20-23 months	
	Percent ever breastfed	Percent exclusively breastfed	Percent predominantly breastfed	Number of children	Percent ever breastfed	Percent exclusively breastfed [1]	Percent predominantly breastfed [2]	Number of children	Percent breastfed (Continued at 1 year) [3]	Number of children	Percent breastfed (Continued at 2 years) [4]
Punjab	97.8	26.8	57.8	4,586	97.8	22.2	52.4	6,560	68.2	4,714	34.2
3,795											
Division											
Bahawalpur	98.3	23.9	63.7	507	97.9	19.5	56.5	708	69.2	487	38.2
D.G.Khan	99.0	22.4	58.4	515	99.3	20.2	51.8	762	73.7	544	38.4
Faisalabad	97.5	24.5	59.7	650	97.6	19.9	52.1	897	64.5	641	34.8
Gujranwala	97.5	31.5	52.9	703	97.0	25.8	48.5	988	64.5	695	33.1
Lahore	97.3	27.9	54.7	659	97.5	24.7	53.1	959	63.6	759	29.1
Multan	98.3	20.9	59.3	507	98.6	16.2	53.0	738	67.2	547	33.6
Rawalpindi	97.1	42.3	64.1	400	97.6	35.4	56.7	545	68.6	343	35.8
Sahiwal	97.5	25.1	54.3	319	97.6	20.3	51.6	503	78.3	376	31.7
Sargodha	97.6	22.0	54.2	325	97.6	18.0	48.9	459	73.0	321	35.4
275											
District											
Bahawalpur	97.7	18.6	60.5	148	97.5	16.0	52.7	212	66.5	141	32.4
B. Nagar	99.4	17.2	59.4	138	98.4	13.4	54.3	191	69.2	139	37.1
RY Khan	98.1	31.5	68.5	222	97.9	25.7	60.6	305	71.0	207	44.6
154											
DG Khan	100.0	45.5	73.1	109	100.0	42.1	67.3	150	80.0	110	53.1
Layyah	98.8	7.4	61.1	101	99.2	5.3	50.8	144	68.6	112	36.0
M. Garh	98.2	16.3	47.7	228	98.8	13.0	41.5	351	69.2	252	36.4
Rajapur	99.9	27.3	65.7	78	100.0	32.0	64.3	117	88.3	69	34.0
60											
Faisalabad	97.1	33.1	64.2	321	96.8	27.1	54.6	441	60.0	340	32.8
Chiniot	92.2	14.8	58.2	61	94.3	10.7	55.8	103	63.7	72	20.7
Jhang	98.9	19.5	53.3	159	99.2	14.9	44.9	219	69.1	141	46.9
TT Singh	100.0	11.8	56.2	109	100.0	11.5	52.8	134	74.8	89	34.9
91											
Gujranwala	98.5	33.1	52.6	245	97.9	26.3	45.6	350	68.4	204	34.4
Gujrat	97.2	36.6	57.6	107	95.7	28.0	52.9	167	52.3	112	25.8
Hafizabad	88.1	26.3	48.0	52	91.3	23.0	52.2	80	65.7	68	(36.6)
M. Bahaudin	99.0	21.4	31.0	71	97.6	16.9	28.8	95	62.9	79	32.9
Narawal	98.1	31.8	42.8	77	98.6	26.8	37.6	105	74.3	70	36.7
Sialkot	98.2	31.8	67.3	150	97.5	28.1	63.8	192	63.8	162	35.2
129											
Punjab	97.8	26.8	57.8	4,586	97.8	22.2	52.4	6,560	68.2	4,714	34.2
3,795											

Table NU.3: Breastfeeding

Percentage of living children according to breastfeeding status at selected age groups, MICS Punjab, 2011.

	Children 0-3 months				Children 0-5 months			Children 12-15 months		Children 20-23 months	
	Percent ever breastfed	Percent exclusively breastfed	Percent predominantly breastfed	Number of children	Percent ever breastfed	Percent exclusively breastfed [1]	Percent predominantly breastfed [2]	Number of children	Percent breastfed (Continued breastfeeding at 1 year) [3]	Number of children	Percent breastfed (Continued breastfeeding at 2 years) [4]
Punjab	97.8	26.8	57.8	4,586	97.8	22.2	52.4	6,560	68.2	4,714	34.2
Lahore	98.1	21.0	46.2	351	98.3	18.3	47.4	531	62.5	409	30.0
Kasur	97.9	42.2	71.1	145	97.9	39.4	67.1	201	67.5	143	27.0
N. Sahib	94.8	36.2	65.1	64	95.3	29.2	56.8	89	69.5	79	25.1
Sheikhupura	95.3	26.0	53.8	99	95.4	25.0	52.4	139	58.9	128	29.6
Multan	97.6	10.7	55.3	195	98.3	7.7	45.6	289	56.8	200	30.7
Khanewal	97.7	48.1	74.4	121	98.1	42.2	67.8	163	73.1	146	32.0
Lodhran	99.5	18.6	62.9	44	98.3	10.2	60.2	80	79.9	52	(57.5)
Vehari	99.5	13.0	50.9	147	99.4	9.9	49.0	205	70.9	149	35.0
Sahiwal	97.5	16.9	43.0	92	97.2	12.1	38.0	146	69.3	96	41.0
Pakpattan	99.7	24.2	62.0	93	99.6	17.1	52.7	134	77.4	84	22.8
Okara	96.1	31.3	56.7	135	96.7	27.4	59.9	223	83.0	197	29.9
Rawalpindi	96.8	43.4	64.7	207	97.7	36.4	57.3	283	67.3	153	32.8
Attock	96.6	37.4	60.1	84	97.4	32.4	54.2	108	72.2	69	41.9
Chakwal	99.3	64.8	79.3	47	99.5	53.9	70.9	64	72.8	59	38.3
Jhelum	96.9	28.2	56.2	62	96.2	22.7	47.5	90	63.5	63	35.3
Sargodha	98.5	23.1	55.1	168	98.5	17.4	49.5	231	68.0	176	31.9
Bhakkar	96.1	15.0	58.5	61	96.3	13.7	49.0	92	83.9	58	45.1
Khushab	96.7	19.9	50.9	53	97.7	16.0	46.7	75	80.6	41	32.4
Mianwali	97.3	30.0	48.5	44	95.9	28.4	48.9	62	71.7	46	(38.0)
Punjab	97.8	26.8	57.8	4,586	97.8	22.2	52.4	6,560	68.2	4,714	34.2
											3,795

[1] MICS indicator 2.6

[2] MICS indicator 2.9

[3] MICS indicator 2.7

[4] MICS indicator 2.8

(*) Figures that are based on less than 25 unweighted cases

() Figures that are based on 25-49 unweighted cases

Table NU.4: Duration of breastfeeding

Median duration of any breastfeeding, exclusive breastfeeding, and predominant breastfeeding among children age 0-35 months, MICS Punjab, 2011.

	Median duration (in months) of			Number of children age 0-35 months
	Any breastfeeding [1]	Exclusive breastfeeding	Predominant breastfeeding	
Area of residence				
Rural	18.8	0.6	2.7	28,416
All urban	17.2	0.5	1.5	10,893
Major City	16.2	0.5	0.9	5,503
Other Urban	18.4	0.6	2.0	5,391
Sex				
Male	18.7	0.6	2.2	20,125
Female	17.9	0.6	2.7	19,185
Mother's education				
None/Preschool	19.7	0.6	2.9	19,588
Primary	18.5	0.6	2.6	7,218
Middle	16.6	0.6	1.5	3,742
Secondary	16.9	0.5	1.7	4,833
Higher	15.4	0.5	0.7	3,927
Missing/DK	(*)	(*)	(*)	2
Wealth index quintile				
Lowest	20.5	0.6	2.9	8,699
Second	18.8	0.6	2.9	7,775
Middle	17.9	0.6	2.8	7,807
Fourth	18.1	0.6	2.1	7,795
Highest	16.1	0.5	0.7	7,234
Division				
Bahawalpur	19.0	0.5	2.8	4,104
D.G.Khan	20.0	0.6	2.1	4,551
Faisalabad	17.6	0.5	2.4	5,613
Gujranwala	18.3	0.6	1.9	6,117
Lahore	16.7	0.5	2.5	5,693
Multan	19.0	0.5	2.5	4,367
Rawalpindi	17.3	0.9	3.9	3,011
Sahiwal	18.3	0.5	2.9	3,109
Sargodha	18.9	0.5	1.7	2,746
Median	18.4	0.6	2.4	39,309
Mean for all children (0-35 months)	17.3	1.6	6.1	39,309

[1] MICS indicator 2.10

(*) Figures that are based on less than 25 unweighted cases

Table NU.4: Duration of breastfeeding

Median duration of any breastfeeding, exclusive breastfeeding, and predominant breastfeeding among children age 0-35 months, MICS Punjab, 2011.

	Median duration (in months) of			Number of children age 0-35 months
	Any breastfeeding [1]	Exclusive breastfeeding	Predominant breastfeeding	
District				
Bahawalpur	18.2	0.5	2.0	1,249
B. Nagar	18.1	0.5	2.6	1,175
RY Khan	20.5	0.6	3.6	1,679
DG Khan	21.9	1.9	3.4	870
Layyah	17.2	0.4	0.6	913
M. Garh	19.8	0.5	1.7	2,069
Rajanpur	18.9	0.7	6.0	700
Faisalabad	18.5	0.6	2.5	2,890
Chiniot	16.8	0.5	2.6	561
Jhang	18.9	0.5	2.3	1,296
TT Singh	17.5	0.4	1.8	865
Gujranwala	18.4	0.6	2.0	1,985
Gujrat	17.2	0.7	2.8	1,142
Hafizabad	19.1	0.6	0.7	435
M. Bahaudin	17.6	0.5	0.5	630
Narowal	20.2	0.8	1.7	630
Sialkot	17.9	0.6	3.6	1,294
Lahore	16.0	0.5	0.7	3,058
Kasur	17.7	0.6	5.8	1,157
N. Sahib	17.7	0.7	3.2	512
Sheikhupura	16.7	0.6	2.3	967
Multan	17.5	0.4	1.7	1,727
Khanewal	20.5	1.8	4.0	1,031
Lodhran	21.2	0.5	3.5	494
Vehari	17.5	0.4	1.8	1,116
Sahiwal	17.4	0.5	0.7	887
Pakpattan	17.2	0.5	2.7	742
Okara	19.1	0.6	7.3	1,480
Rawalpindi	16.1	0.9	3.8	1,529
Attock	19.0	1.0	3.4	559
Chakwal	18.6	2.8	7.0	444
Jhelum	18.0	0.6	2.1	478
Sargodha	17.6	0.6	1.6	1,352
Bhakkar	20.6	0.5	2.0	543
Khushab	18.0	0.5	0.6	431
Mianwali	20.5	0.6	2.4	419
Median	18.4	0.6	2.4	39,309
Mean for all children (0-35 months)	17.3	1.6	6.1	39,309

[1] MICS indicator 2.10

(*) Figures that are based on less than 25 unweighted cases

Table NU.5: Age-appropriate breastfeeding

Percentage of children age 0-23 months who were appropriately breastfed during previous day, MICS Punjab, 2011.

	Children age 0-5 months		Children age 6-23 months		Children age 0-23 months	
	Percent exclusively breastfed [1]	Number of children	Percent currently breastfeeding and receiving solid, semi-solid or soft foods	Number of children	Percent appropriately breastfed [2]	Number of children
Punjab	22.2	6,560	39.3	19,807	35.1	26,367
Area of residence						
Rural	22.3	4,831	39.5	14,219	35.2	19,050
All Urban	22.0	1,729	38.8	5,588	34.8	7,316
Major Cities	21.4	895	37.6	2,846	33.7	3,740
Other Urban	22.6	834	40.0	2,742	35.9	3,576
Sex						
Male	21.6	3,301	40.0	10,127	35.5	13,428
Female	22.9	3,259	38.6	9,680	34.6	12,939
Mother's education						
None/Preschool	22.0	3,313	40.4	9,610	35.7	12,923
Primary	25.6	1,165	41.1	3,660	37.4	4,825
Middle	21.3	671	37.8	1,871	33.4	2,542
Secondary	20.7	798	37.6	2,499	33.5	3,298
Higher	20.4	611	34.7	2,166	31.6	2,777
Missing/DK	(*)	2	(*)	0	(*)	2
Wealth index quintiles						
Lowest	20.2	1,513	41.5	4,201	35.9	5,713
Second	22.3	1,272	40.4	3,896	35.9	5,168
Middle	24.4	1,353	40.1	3,872	36.0	5,225
Fourth	24.4	1,238	38.8	4,051	35.4	5,289
Highest	20.1	1,185	35.5	3,787	31.9	4,971
Division						
Bahawalpur	19.5	708	44.6	2,067	38.2	2,775
D.G.Khan	20.2	762	38.1	2,247	33.5	3,009
Faisalabad	19.9	897	41.5	2,826	36.3	3,723
Gujranwala	25.8	988	32.7	3,039	31.0	4,027
Lahore	24.7	959	36.0	2,952	33.2	3,912
Multan	16.2	738	39.1	2,231	33.4	2,968
Rawalpindi	35.4	545	39.9	1,506	38.7	2,051
Sahiwal	20.3	503	38.0	1,563	33.6	2,066
Sargodha	18.0	459	51.9	1,377	43.4	1,836
Punjab	22.2	6,560	39.3	19,807	35.1	26,367

[1] MICS indicator 2.6

[2] MICS indicator 2.14

(*) Figures that are based on less than 25 unweighted cases

Table NU.5: Age-appropriate breastfeeding

Percentage of children age 0-23 months who were appropriately breastfed during the previous day, MICS Punjab, 2011.

	Children age 0-5 months		Children age 6-23 months		Children age 0-23 months	
	Percent exclusively breastfed [1]	Number of children	Percent currently breastfeeding and receiving solid, semi-solid or soft foods	Number of children	Percent appropriately breastfed [2]	Number of children
Punjab	22.2	6,560	39.3	19,807	35.1	26,367
District						
Bahawalpur	16.0	212	40.8	633	34.6	845
B. Nagar	13.4	191	44.6	603	37.1	794
RY Khan	25.7	305	47.5	831	41.6	1,136
DG Khan	42.1	150	37.6	445	38.7	594
Layyah	5.3	144	42.4	464	33.6	608
M. Garh	13.0	351	37.6	1,007	31.2	1,358
Rajanpur	32.0	117	34.1	331	33.5	448
Faisalabad	27.1	441	42.4	1,449	38.8	1,890
Chiniot	10.7	103	29.1	286	24.2	389
Jhang	14.9	219	42.5	656	35.6	875
TT Singh	11.5	134	45.4	435	37.4	569
Gujranwala	26.3	350	30.8	997	29.7	1,346
Gujrat	28.0	167	21.7	558	23.2	725
Hafizabad	23.0	80	24.1	204	23.8	284
M. Bahaudin	16.9	95	34.8	307	30.6	402
Narowal	26.8	105	39.2	301	36.0	405
Sialkot	28.1	192	43.1	672	39.8	864
Lahore	18.3	531	34.7	1,611	30.7	2,142
Kasur	39.4	201	34.3	574	35.7	775
N. Sahib	29.2	89	41.5	255	38.3	344
Sheikhupura	25.0	139	39.0	512	36.0	651
Multan	7.7	289	36.7	888	29.6	1,177
Khanewal	42.2	163	44.1	535	43.6	698
Lodhran	10.2	80	45.8	260	37.4	340
Vehari	9.9	205	35.1	548	28.2	753
Sahiwal	12.1	146	34.8	446	29.2	593
Pakpattan	17.1	134	32.1	354	28.0	488
Okara	27.4	223	42.5	762	39.1	985
Rawalpindi	36.4	283	36.3	760	36.3	1,044
Attock	32.4	108	44.9	280	41.4	388
Chakwal	53.9	64	39.8	229	42.9	293
Jhelum	22.7	90	45.8	237	39.5	326
Sargodha	17.4	231	51.6	687	43.0	918
Bhakkar	13.7	92	51.4	269	41.9	361
Khushab	16.0	75	50.3	205	41.1	280
Mianwali	28.4	62	55.3	215	49.2	277
Punjab	22.2	6,560	39.3	19,807	35.1	26,367

[1] MICS indicator 2.6

[2] MICS indicator 2.14

(*) Figures that are based on less than 25 unweighted cases

Table NU.6: Introduction of solid, semi-solid or soft food

Percentage of infants age 6-8 months who received solid, semi-solid or soft foods during the previous day, MICS Punjab, 2011.

	Currently breastfeeding		Currently not breastfeeding		All	
	Percent receiving solid, semi-solid or soft foods	Number of children age 6-8 months	Percent receiving solid, semi-solid or soft foods	Number of children age 6-8 months	Percent receiving solid, semi-solid or soft foods [1]	Number of children age 6-8 months
Punjab	36.9	3,269	47.1	478	38.4	3,903
Area of residence						
Rural	34.6	2,426	38.7	326	35.2	2,844
All Urban	43.6	844	65.1	152	47.2	1,058
Major Cities	45.8	432	69.3	86	49.9	555
Other Urban	41.3	411	59.7	66	44.2	504
Sex						
Male	36.5	1,669	47.8	239	38.1	1,985
Female	37.3	1,600	46.3	239	38.7	1,918
Wealth index quintiles						
Lowest	29.8	794	32.0	96	30.2	918
Second	34.0	650	39.6	83	34.6	751
Middle	42.4	668	36.9	90	41.4	783
Fourth	38.9	623	61.5	91	42.5	751
Highest	41.7	535	61.3	119	45.6	700
Division						
Bahawalpur	38.7	318	50.8	59	40.6	387
D.G.Khan	31.6	381	23.6	58	30.2	449
Faisalabad	41.1	459	57.6	72	43.4	555
Gujranwala	25.6	486	41.1	61	28.6	580
Lahore	38.9	500	52.5	89	41.1	611
Multan	37.8	388	54.4	57	40.0	459
Rawalpindi	36.1	220	52.6	26	38.3	264
Sahiwal	35.1	305	45.1	38	36.6	354
Sargodha	57.4	213	35.2	19	55.3	244
Punjab	36.9	3,269	47.1	478	38.4	3,903

[1] MICS indicator 2.12

(*) Figures that are based on less than 25 unweighted cases

() Figures that are based on 25-49 unweighted cases

Table NU.6: Introduction of solid, semi-solid or soft food

Percentage of infants age 6-8 months who received solid, semi-solid or soft foods during the previous day, MICS Punjab, 2011.

	Currently breastfeeding		Currently not breastfeeding		All	
	Percent receiving solid, semi-solid or soft foods	Number of children age 6-8 months	Percent receiving solid, semi-solid or soft foods	Number of children age 6-8 months	Percent receiving solid, semi-solid or soft foods [1]	Number of children age 6-8 months
Punjab	36.9	3,269	47.1	478	38.4	3,903
District						
Bahawalpur	34.6	87	(*)	24	39.8	114
B. Nagar	47.8	99	(*)	17	45.7	120
RY Khan	34.5	133	(*)	17	37.2	153
DG Khan	31.7	100	(*)	7	31.3	108
Layyah	55.9	70	(*)	16	53.5	87
M. Garh	24.3	163	(*)	30	21.8	200
Rajanpur	20.5	48	(*)	5	21.9	54
Faisalabad	44.4	240	(56.8)	37	47.0	291
Chiniot	(25.0)	42	(*)	5	27.1	51
Jhang	30.8	114	(*)	17	35.1	135
TT Singh	58.5	63	(*)	13	54.3	79
Gujranwala	24.5	163	(*)	20	29.5	198
Gujrat	16.0	66	(*)	18	19.5	89
Hafizabad	(5.0)	42	(*)	7	6.7	49
M. Bahaudin	19.9	52	(*)	3	21.6	55
Narowal	26.0	52	(*)	2	28.9	57
Sialkot	43.2	112	(*)	11	44.3	132
Lahore	43.3	243	(68.0)	52	47.6	313
Kasur	32.2	135	(*)	17	33.3	153
N. Sahib	39.8	38	(*)	6	38.8	46
Sheikhupura	36.5	83	(*)	14	33.7	99
Multan	42.2	143	(51.3)	27	42.6	174
Khanewal	41.1	94	(*)	11	43.0	109
Lodhran	33.9	55	(*)	3	34.1	60
Vehari	30.2	95	(*)	16	36.2	115
Sahiwal	36.5	80	(*)	16	39.0	98
Pakpattan	(21.0)	58	42.3	12	24.3	73
Okara	39.3	167	(*)	10	40.2	183
Rawalpindi	33.5	109	(*)	16	35.1	142
Attock	37.6	39	(*)	3	38.3	43
Chakwal	(29.4)	32	(*)	4	(37.0)	36
Jhelum	47.4	40	(*)	2	50.1	43
Sargodha	61.0	100	(*)	9	57.6	119
Bhakkar	45.0	44	(*)	4	43.3	49
Khushab	(59.3)	32	(*)	5	59.7	38
Mianwali	(60.7)	37	(*)	1	(59.2)	38
Punjab	36.9	3,269	47.1	478	38.4	3,903

[1] MICS indicator 2.12

(*) Figures that are based on less than 25 unweighted cases

() Figures that are based on 25-49 unweighted cases

Table NU.7: Minimum meal frequency

Percentage of children age 6-23 months who received solid, semi-solid, or soft foods (and milk feeds for non-breastfeeding children) the minimum number of times or more during the previous day, according to breastfeeding status, MICS Punjab, 2011.

	Currently breastfeeding		Currently not breastfeeding			All	
	Percent receiving solid, semi-solid and soft foods the minimum number of times	Number of children age 6-23 months	Percent receiving at least 2 milk feeds [1]	Percent receiving solid, semi-solid and soft foods or milk feeds 4 times or more	Number of children age 6-23 months	Percent with minimum meal frequency [2]	Number of children age 6-23 months
Punjab	18.8	12,566	86.5	83.4	7,241	42.4	19,807
Area of residence							
Rural	18.3	9,294	85.0	81.9	4,925	40.3	14,219
All Urban	20.2	3,272	89.8	86.6	2,316	47.7	5,588
Major Cities	20.0	1,572	90.9	88.7	1,274	50.8	2,846
Other Urban	20.3	1,699	88.3	83.9	1,042	44.5	2,742
Sex							
Male	19.1	6,509	86.8	83.6	3,618	42.2	10,127
Female	18.4	6,057	86.2	83.2	3,624	42.7	9,680
Age							
6-8 months	20.6	3,269	89.2	79.8	633	30.2	3,903
9-11 months	11.4	2,578	91.8	84.9	729	27.6	3,307
12-17 months	18.7	4,336	89.3	84.6	2,370	42.0	6,706
18-23 months	24.5	2,382	83.0	82.9	3,510	59.3	5,892
Mother's education							
None/Preschool	19.0	6,531	79.9	77.9	3,079	37.9	9,610
Primary	17.8	2,331	89.5	85.5	1,330	42.4	3,660
Middle	17.3	1,128	91.7	85.9	743	44.5	1,871
Secondary	18.6	1,430	91.9	87.9	1,070	48.3	2,499
Higher	21.0	1,146	92.9	90.6	1,020	53.8	2,166
Wealth index quintiles							
Lowest	19.0	2,958	78.2	76.1	1,243	35.9	4,201
Second	19.2	2,573	80.7	78.8	1,324	39.5	3,896
Middle	19.6	2,454	87.8	85.3	1,418	43.6	3,872
Fourth	17.9	2,495	89.1	84.3	1,556	43.4	4,051
Highest	18.1	2,086	93.6	89.9	1,701	50.4	3,787
Division							
Bahawalpur	22.5	1,346	75.2	75.6	721	41.0	2,067
D.G.Khan	19.3	1,543	81.4	80.9	704	38.6	2,247
Faisalabad	17.9	1,724	90.6	89.7	1,102	45.9	2,826
Gujranwala	11.5	1,901	89.6	82.0	1,139	37.9	3,039
Lahore	19.9	1,745	88.5	85.5	1,207	46.7	2,952
Multan	18.1	1,451	86.1	80.4	780	39.9	2,231
Rawalpindi	19.8	913	89.2	88.5	593	46.8	1,506
Sahiwal	13.0	1,030	84.6	77.2	532	34.9	1,563
Sargodha	33.9	914	88.4	88.1	463	52.1	1,377
Punjab	18.8	12,566	86.5	83.4	7,241	42.4	19,807

[1] MICS indicator 2.15

[2] MICS indicator 2.13

Table NU.7: Minimum meal frequency

Percentage of children age 6-23 months who received solid, semi-solid, or soft foods (and milk feeds for non-breastfeeding children) the minimum number of times or more during the previous day, according to breastfeeding status, MICS Punjab, 2011.

	Currently breastfeeding		Currently not breastfeeding			All	
	Percent receiving solid, semi-solid and soft foods the minimum number of times	Number of children age 6-23 months	Percent receiving at least 2 milk feeds [1]	Percent receiving solid, semi-solid and soft foods or milk feeds 4 times or more	Number of children age 6-23 months	Percent with minimum meal frequency [2]	Number of children age 6-23 months
Punjab	18.8	12,566	86.5	83.4	7,241	42.4	19,807
District							
Bahawalpur	13.6	391	82.1	80.1	241	38.9	633
B. Nagar	31.3	379	75.6	78.9	224	49.0	603
RY Khan	22.7	575	68.3	68.4	256	36.8	831
DG Khan	9.9	356	80.7	74.4	88	22.7	445
Layyah	25.6	290	81.8	85.6	174	48.0	464
M. Garh	23.0	664	81.0	79.4	343	42.2	1,007
Rajanpur	15.1	233	82.9	83.9	99	35.6	331
Faisalabad	19.4	885	89.0	87.8	564	46.0	1,449
Chiniot	5.7	165	90.5	90.2	121	41.5	286
Jhang	19.3	406	92.5	91.4	250	46.8	656
TT Singh	18.7	268	92.8	93.5	166	47.3	435
Gujranwala	9.1	628	92.4	85.7	369	37.5	997
Gujrat	4.2	304	90.9	77.6	254	37.6	558
Hafizabad	4.8	133	78.6	68.2	71	26.9	204
M. Bahaudin	6.2	208	89.4	78.7	99	29.6	307
Narowal	5.3	212	88.6	83.7	89	28.5	301
Sialkot	28.3	415	87.9	85.6	257	50.2	672
Lahore	20.2	905	88.7	87.4	706	49.7	1,611
Kasur	22.8	386	82.9	75.6	188	40.0	574
N. Sahib	12.7	159	91.4	89.5	96	41.6	255
Sheikhupura	19.2	294	91.6	85.9	217	47.6	512
Multan	13.2	540	91.6	86.4	348	41.9	888
Khanewal	14.2	368	80.5	69.8	167	31.6	535
Lodhran	30.1	197	75.6	81.0	64	42.5	260
Vehari	23.0	346	84.7	78.5	201	43.4	548
Sahiwal	14.9	275	94.8	81.5	171	40.4	446
Pakpattan	7.8	216	79.4	73.2	139	33.4	354
Okara	14.2	540	80.1	76.3	222	32.3	762
Rawalpindi	18.3	428	88.7	87.9	332	48.7	760
Attock	21.7	184	91.9	92.0	96	45.8	280
Chakwal	15.1	150	86.9	85.0	79	39.3	229
Jhelum	26.2	151	90.4	90.1	86	49.3	237
Sargodha	37.2	427	90.7	92.7	260	58.2	687
Bhakkar	26.6	197	83.5	76.9	72	40.0	269
Khushab	37.7	129	89.6	90.4	76	57.2	205
Mianwali	31.2	160	82.7	78.4	55	43.3	215
Punjab	18.8	12,566	86.5	83.4	7,241	42.4	19,807

[1] MICS indicator 2.15

[2] MICS indicator 2.13

Among currently breastfeeding children age 6-8 months, minimum meal frequency is defined as children who also received solid, semi-solid or soft foods 2 times or more. Among currently breastfeeding children age 9-23 months, receipt of solid, semi-solid or soft foods at least 3 times constitutes minimum meal frequency. For non-breastfeeding children age 6-23 months, minimum meal frequency is defined as children receiving solid, semi-solid or soft foods, and milk feeds, at least 4 times during the previous day.

Table NU.8: Bottle feeding

Percentage of children age 0-23 months that were fed with a bottle with a nipple during the previous day, MICS Punjab, 2011.

	Percentage of children age 0-23 months fed with a bottle with a nipple [1]	Number of children age 0-23 months
Punjab	53.8	26,367
Area of residence		
Rural	50.9	19,050
All Urban	61.3	7,316
Major Cities	64.8	3,740
Other Urban	57.5	3,576
Sex		
Male	55.1	13,428
Female	52.4	12,939
Age		
0-5 months	40.2	6,560
6-11 months	57.5	7,209
12-23 months	58.7	12,598
Mother's education		
None/Preschool	47.0	12,923
Primary	55.0	4,825
Middle	59.6	2,542
Secondary	61.7	3,298
Higher	68.4	2,777
Missing/DK	(*)	2
Wealth index quintiles		
Lowest	43.7	5,713
Second	47.4	5,168
Middle	54.4	5,225
Fourth	59.4	5,289
Highest	65.3	4,971
Division		
Bahawalpur	46.3	2,775
D.G.Khan	51.3	3,009
Faisalabad	58.5	3,723
Gujranwala	65.2	4,027
Lahore	52.6	3,912
Multan	55.6	2,968
Rawalpindi	52.5	2,051
Sahiwal	41.4	2,066
Sargodha	49.0	1,836
Punjab	53.8	26,367

[1] MICS indicator 2.11

(*) Figures that are based on less than 25 unweighted cases

Table NU.8: Bottle feeding

Percentage of children age 0-23 months that were fed with a bottle with a nipple during the previous day, MICS Punjab, 2011.

	Percentage of children age 0-23 months fed with a bottle with a nipple [1]	Number of children age 0-23 months
Punjab	53.8	26,367
District		
Bahawalpur	52.6	845
B. Nagar	43.2	794
RY Khan	43.8	1,136
DG Khan	39.9	594
Layyah	55.8	608
M. Garh	57.9	1,358
Rajanpur	40.0	448
Faisalabad	57.6	1,890
Chiniot	54.7	389
Jhang	65.0	875
TT Singh	54.4	569
Gujranwala	68.4	1,346
Gujrat	67.0	725
Hafizabad	63.6	284
M. Bahaudin	73.6	402
Narowal	74.2	405
Sialkot	51.0	864
Lahore	59.3	2,142
Kasur	41.4	775
N. Sahib	38.8	344
Sheikhupura	51.1	651
Multan	59.2	1,177
Khanewal	59.8	698
Lodhran	43.9	340
Vehari	51.4	753
Sahiwal	36.1	593
Pakpattan	51.3	488
Okara	39.7	985
Rawalpindi	53.0	1,044
Attock	48.5	388
Chakwal	49.1	293
Jhelum	58.9	326
Sargodha	54.5	918
Bhakkar	48.3	361
Khushab	43.1	280
Mianwali	37.7	277
Punjab	53.8	26,367

[1] MICS indicator 2.11

(*) Figures that are based on less than 25 unweighted cases

Table NU.9: Iodized salt consumption

Percent distribution of households by consumption of iodized salt, MICS Punjab, 2011.

	Percent of households in which salt was tested	Number of households	Percent of households with salt test result					Number of households in which salt was tested or with no salt
			No salt	Iodized level of salt			Total	
				0 PPM	>0 and <15 PPM	15+ PPM [1]		
Punjab	98.6	95,238	0.6	41.8	23.9	33.7	100.0	94,476
Area of residence								
Rural	98.8	67,284	0.6	44.8	23.8	30.7	100.0	66,861
All Urban	98.1	27,954	0.7	34.4	24.1	40.8	100.0	27,614
Major Cities	97.8	14,098	0.7	33.5	23.1	42.7	100.0	13,880
Other Urban	98.4	13,856	0.7	35.2	25.2	38.9	100.0	13,734
Education of household head								
None/Preschool	98.6	40,911	0.8	47.0	24.4	27.7	100.0	40,646
Primary	98.7	16,195	0.5	43.9	23.5	32.1	100.0	16,072
Middle	98.7	11,962	0.5	40.6	24.2	34.7	100.0	11,865
Secondary	98.6	16,375	0.5	36.4	23.9	39.2	100.0	16,222
Higher	98.2	9,586	0.6	26.3	22.1	51.0	100.0	9,467
Missing/DK	97.6	209	0.6	32.8	28.1	38.5	100.0	205
Wealth index quintiles								
Lowest	98.3	20,247	1.1	50.2	24.7	24.1	100.0	20,116
Second	98.8	19,393	0.7	47.7	23.6	28.1	100.0	19,293
Middle	98.7	18,449	0.6	43.9	24.4	31.0	100.0	18,322
Fourth	98.8	18,433	0.4	39.3	24.6	35.7	100.0	18,294
Highest	98.2	18,716	0.4	26.7	22.3	50.6	100.0	18,451
Division								
Bahawalpur	98.9	9,180	0.7	51.1	23.6	24.7	100.0	9,137
D.G.Khan	99.2	9,322	0.4	41.5	27.1	31.0	100.0	9,280
Faisalabad	98.6	12,816	0.6	47.0	21.0	31.4	100.0	12,706
Gujranwala	98.6	14,604	0.6	32.7	23.6	43.2	100.0	14,486
Lahore	97.7	14,098	0.9	38.9	20.8	39.5	100.0	13,894
Multan	99.1	11,313	0.5	43.0	28.0	28.5	100.0	11,271
Rawalpindi	98.1	8,467	0.5	39.2	23.9	36.3	100.0	8,348
Sahiwal	98.6	8,438	1.1	40.4	28.4	30.1	100.0	8,412
Sargodha	98.6	6,999	0.6	48.0	20.6	30.9	100.0	6,942
Punjab	98.6	95,238	0.6	41.8	23.9	33.7	100.0	94,476

[1] MICS indicator 2.16

Table NU.9: Iodized salt consumption

Percent distribution of households by consumption of iodized salt, MICS Punjab, 2011.

	Percent of households in which salt was tested	Number of households	Percent of households with salt test result					Number of households in which salt was tested or with no salt
			Iodized level of salt				Total	
			No salt	0 PPM	>0 and <15 PPM	15+ PPM [1]		
Punjab	98.6	95,238	0.6	41.8	23.9	33.7	100.0	94,476
District								
Bahawalpur	98.8	3,160	0.6	47.5	27.3	24.6	100.0	3,140
B. Nagar	98.6	2,532	0.9	49.5	19.2	30.4	100.0	2,520
RY Khan	99.1	3,488	0.6	55.5	23.3	20.6	100.0	3,477
DG Khan	99.4	1,841	0.3	57.7	23.5	18.4	100.0	1,836
Layyah	99.2	1,764	0.5	41.9	19.0	38.7	100.0	1,759
M. Garh	99.0	4,300	0.5	35.7	26.0	37.9	100.0	4,274
Rajanpur	99.4	1,418	0.2	37.8	45.1	17.0	100.0	1,411
Faisalabad	98.7	6,805	0.5	48.5	22.5	28.6	100.0	6,746
Chiniot	98.5	1,307	1.0	37.8	30.3	30.9	100.0	1,300
Jhang	98.0	2,707	0.6	40.8	15.3	43.3	100.0	2,668
TT Singh	99.1	1,997	0.6	56.0	17.6	25.7	100.0	1,991
Gujranwala	99.3	4,453	0.3	26.0	27.5	46.2	100.0	4,431
Gujrat	96.9	2,643	1.3	30.6	13.3	54.8	100.0	2,596
Hafizabad	98.5	1,056	0.8	53.9	24.8	20.5	100.0	1,049
M. Bahaudin	99.6	1,810	0.1	46.9	20.9	32.1	100.0	1,806
Narowal	98.9	1,476	0.5	37.7	32.5	29.3	100.0	1,467
Sialkot	98.5	3,166	0.6	26.1	23.6	49.8	100.0	3,139
Lahore	97.3	7,911	0.9	36.0	20.3	42.7	100.0	7,771
Kasur	98.3	2,555	0.6	49.2	17.9	32.3	100.0	2,528
N. Sahib	98.4	1,329	1.1	28.7	26.1	44.2	100.0	1,321
Sheikhupura	97.9	2,304	0.8	43.0	22.5	33.8	100.0	2,274
Multan	98.8	4,186	0.7	55.1	19.3	24.9	100.0	4,166
Khanewal	99.4	2,678	0.4	25.8	32.8	41.0	100.0	2,672
Lodhran	99.5	1,629	0.3	23.1	57.7	18.9	100.0	1,624
Vehari	99.2	2,820	0.4	52.9	19.1	27.6	100.0	2,808
Sahiwal	98.4	2,473	1.2	28.2	28.3	42.2	100.0	2,462
Pakpattan	99.2	1,890	0.8	51.8	16.7	30.8	100.0	1,888
Okara	98.5	4,076	1.1	42.5	33.9	22.6	100.0	4,061
Rawalpindi	97.9	4,189	0.3	39.9	26.6	33.2	100.0	4,114
Attock	98.1	1,554	0.7	36.7	22.6	40.0	100.0	1,536
Chakwal	98.4	1,470	0.5	44.5	23.5	31.5	100.0	1,453
Jhelum	98.3	1,255	0.9	34.2	17.2	47.7	100.0	1,245
Sargodha	98.7	3,142	0.8	50.9	14.9	33.3	100.0	3,127
Bhakkar	98.9	1,348	0.5	44.1	22.2	33.1	100.0	1,341
Khushab	97.6	1,206	0.4	49.8	19.2	30.6	100.0	1,182
Mianwali	99.1	1,302	0.1	43.1	33.8	22.9	100.0	1,292
Punjab	98.6	95,238	0.6	41.8	23.9	33.7	100.0	94,476

[1] MICS indicator 2.16

Table NU.10: Children's vitamin A supplementation

Percent distribution of children age 6-35 months by receipt of a high dose vitamin A supplement in the last 6 months, MICS Punjab, 2011.

	Percentage of children who received Vitamin A during the last 6 months	Number of children age 6-35 months
Punjab	72.9	32,750
Area of residence		
Rural	72.1	23,585
All Urban	74.8	9,165
Major Cities	73.2	4,608
Other Urban	76.4	4,557
Sex		
Male	72.7	16,823
Female	73.1	15,926
Age		
6-11 months	61.8	7,209
12-23 months	75.8	12,598
24-35 months	76.1	12,943
Mother's education		
None/Preschool	68.5	16,275
Primary	75.9	6,054
Middle	77.4	3,072
Secondary	77.9	4,035
Higher	78.2	3,315
Wealth index quintiles		
Lowest	66.4	7,186
Second	70.8	6,503
Middle	74.1	6,454
Fourth	77.3	6,557
Highest	76.6	6,049
Division		
Bahawalpur	80.4	3,396
D.G.Khan	58.8	3,789
Faisalabad	82.2	4,716
Gujranwala	81.8	5,128
Lahore	62.9	4,734
Multan	58.6	3,629
Rawalpindi	76.9	2,465
Sahiwal	80.5	2,606
Sargodha	75.8	2,286
Punjab	72.9	32,750

[1] MICS indicator 2.17

Table NU.10: Children's vitamin A supplementation

Percent distribution of children age 6-35 months by receipt of a high dose vitamin A supplement in the last 6 months, MICS Punjab, 2011.

	Percentage of children who received Vitamin A during the last 6 months	Number of children age 6-35 months
Punjab	72.9	32,750
District		
Bahawalpur	76.5	1,037
B. Nagar	84.1	984
RY Khan	80.6	1,375
DG Khan	20.8	720
Layyah	80.6	768
M. Garh	64.4	1,718
Rajanpur	60.2	583
Faisalabad	80.0	2,449
Chiniot	75.9	458
Jhang	87.7	1,077
TT Singh	85.8	731
Gujranwala	84.4	1,635
Gujrat	85.1	975
Hafizabad	85.4	354
M. Bahaudin	74.8	535
Narowal	83.5	526
Sialkot	76.6	1,102
Lahore	65.9	2,526
Kasur	47.8	956
N. Sahib	72.4	423
Sheikhupura	66.0	828
Multan	55.4	1,438
Khanewal	62.6	867
Lodhran	15.2	414
Vehari	79.7	911
Sahiwal	76.4	741
Pakpattan	82.2	608
Okara	82.2	1,257
Rawalpindi	74.0	1,246
Attock	80.2	451
Chakwal	75.1	380
Jhelum	84.4	389
Sargodha	76.0	1,122
Bhakkar	61.9	452
Khushab	88.5	356
Mianwali	80.0	357
Punjab	72.9	32,750

[1] MICS indicator 2.17

Table NU.11: Low birth weight infants

Percentage of last-born children in the 2 years preceding the survey that are estimated to have weighed below 2500 grams at birth and percentage of live births weighed at birth, MICS Punjab, 2011.

	Percent of live births		Number of last-born children in the two years preceding the survey
	Below 2500 grams [1]	Weighed at birth [2]	
Punjab	28.1	10.4	26,486
Area of residence			
Rural	28.5	7.4	19,296
All Urban	27.1	18.4	7,190
Major Cities	26.4	24.1	3,636
Other Urban	27.7	12.5	3,554
Women's education			
None/Preschool	29.4	3.5	13,086
Primary	28.2	7.3	4,874
Middle	26.9	12.7	2,571
Secondary	26.4	19.6	3,225
Higher	25.0	35.9	2,729
Wealth index quintiles			
Lowest	29.9	1.7	5,861
Second	29.9	4.1	5,310
Middle	27.5	8.0	5,190
Fourth	27.1	12.7	5,280
Highest	25.8	27.9	4,845
Division			
Bahawalpur	30.6	5.5	2,822
D.G.Khan	31.5	3.1	3,082
Faisalabad	26.4	7.8	3,631
Gujranwala	26.1	11.0	3,981
Lahore	27.2	17.6	3,899
Multan	26.7	7.8	3,026
Rawalpindi	27.5	24.3	2,081
Sahiwal	27.0	10.5	2,124
Sargodha	32.5	7.3	1,841
Punjab	28.1	10.4	26,486

[1] MICS indicator 2.18

[2] MICS indicator 2.19

Table NU.11: Low birth weight infants

Percentage of last-born children in the 2 years preceding the survey that are estimated to have weighed below 2500 grams at birth and percentage of live births weighed at birth, MICS Punjab, 2011.

	Percent of live births		Number of last-born children in the two years preceding the survey
	Below 2500 grams [1]	Weighed at birth [2]	
Punjab	28.1	10.4	26,486
District			
Bahawalpur	29.9	3.9	855
B. Nagar	28.6	5.2	811
RY Khan	32.5	7.0	1,156
DG Khan	30.0	1.9	608
Layyah	31.2	5.7	624
M. Garh	32.7	2.7	1,406
Rajanpur	30.0	2.5	444
Faisalabad	27.5	9.3	1,834
Chiniot	24.0	4.2	384
Jhang	25.0	4.0	857
TT Singh	26.3	11.1	556
Gujranwala	25.7	11.4	1,284
Gujrat	25.5	11.3	725
Hafizabad	27.7	7.5	295
M. Bahaudin	25.8	12.9	409
Narowal	24.2	0.5	409
Sialkot	28.0	15.6	859
Lahore	26.7	25.5	2,103
Kasur	28.2	8.1	800
N. Sahib	27.3	7.6	338
Sheikhupura	27.7	9.0	658
Multan	27.4	10.3	1,206
Khanewal	25.7	3.7	711
Lodhran	26.0	2.6	349
Vehari	27.0	9.9	760
Sahiwal	28.7	18.9	576
Pakpattan	27.9	12.5	503
Okara	25.6	4.8	1,046
Rawalpindi	26.0	28.3	1,046
Attock	29.7	15.6	395
Chakwal	29.6	19.3	297
Jhelum	27.7	26.3	343
Sargodha	28.7	9.5	919
Bhakkar	38.9	3.9	360
Khushab	35.0	6.2	283
Mianwali	34.0	5.3	279
Punjab	28.1	10.4	26,486

[1] MICS indicator 2.18

[2] MICS indicator 2.19